



Gerald J. and Dorothy R. Friedman
School of Nutrition Science and Policy
FOOD IS MEDICINE INSTITUTE

WITH



KAISER
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2ND ANNUAL

Food is Medicine National Summit

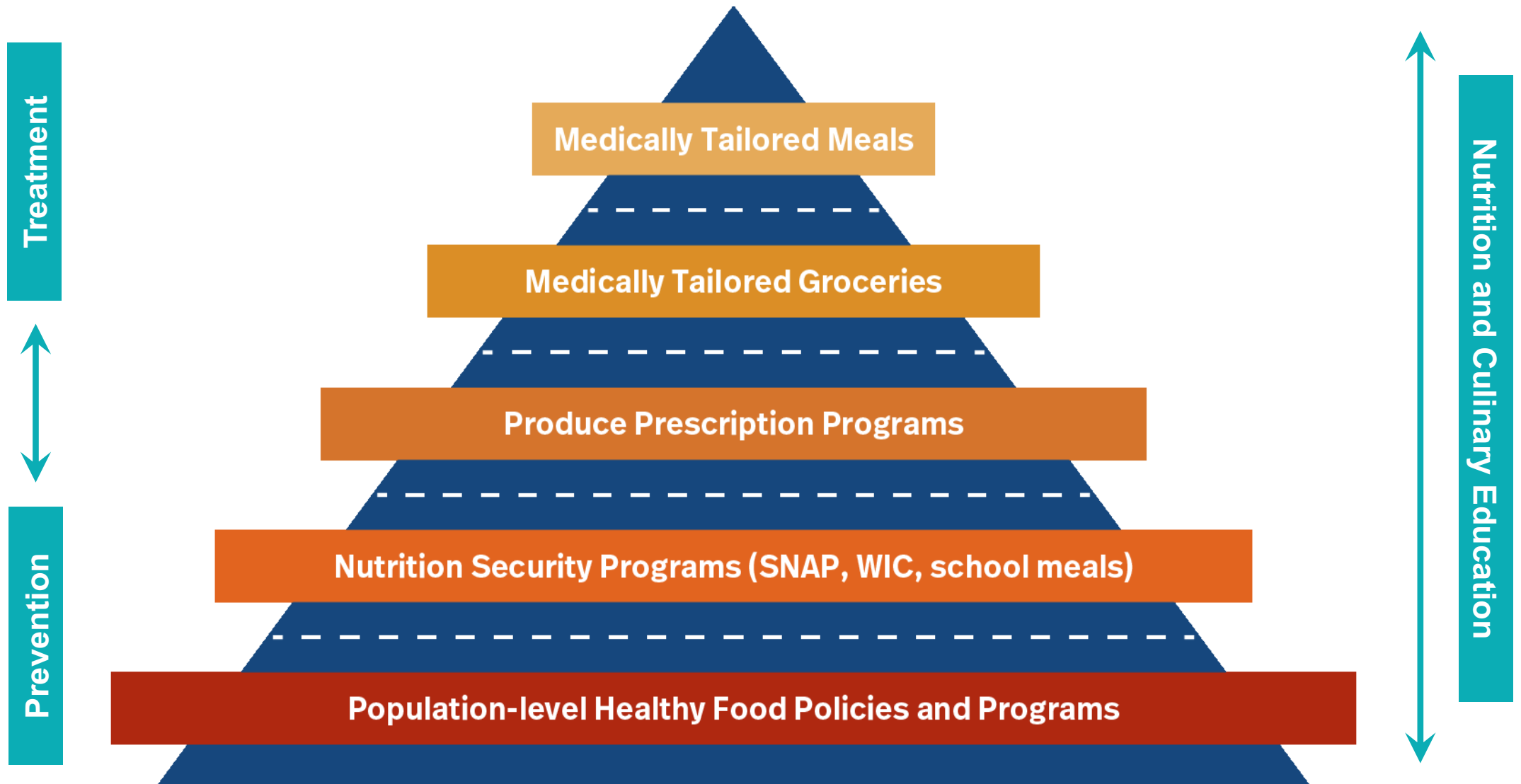
ADVANCING EVIDENCE AND SCALING PROGRESS

Conversations around advances,
best practices, challenges, and
next steps in food is medicine

Boston, MA | April 24, 2024
12:00 - 4:30 PM ET



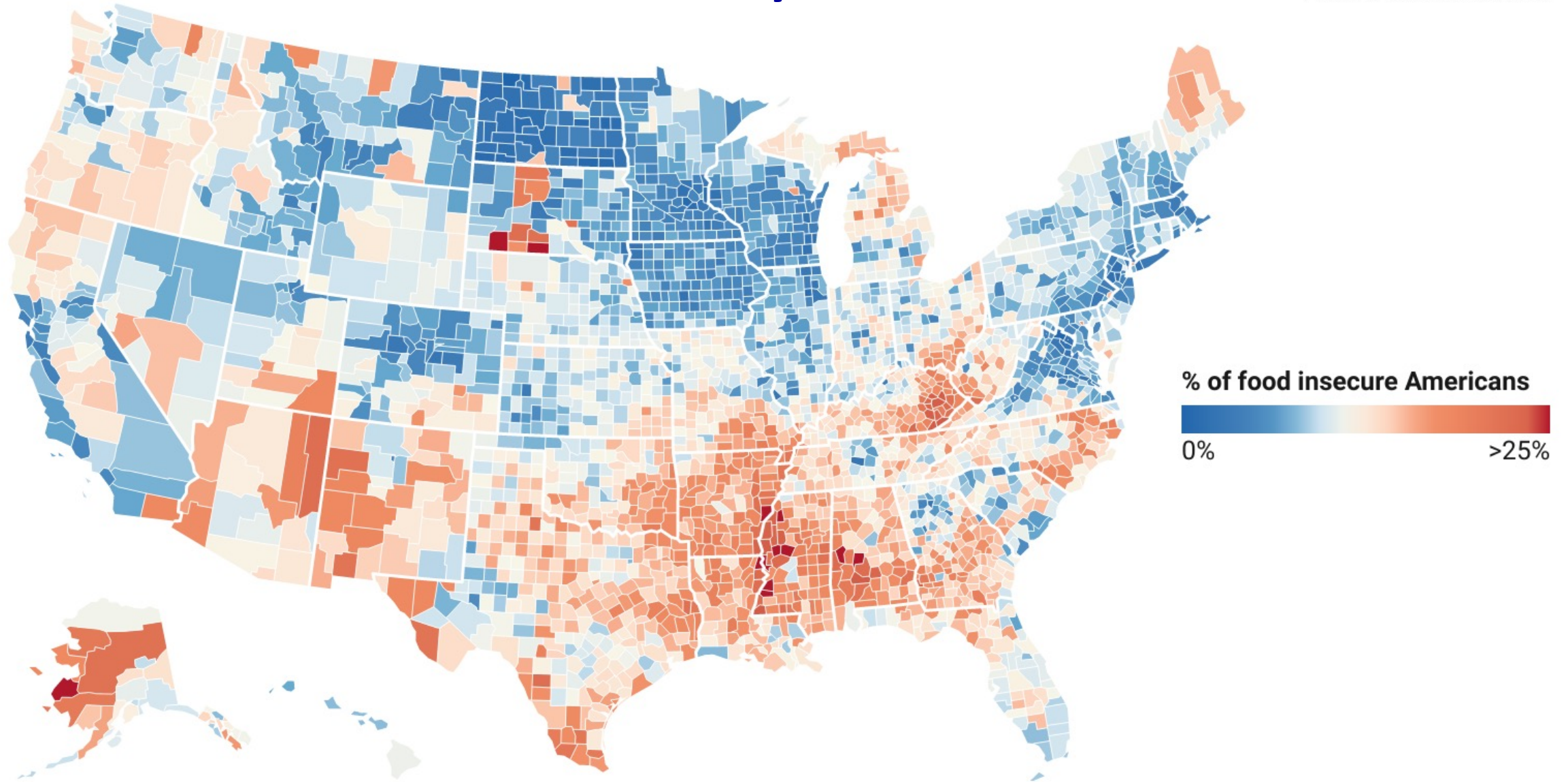
Walmart *org



- **Each week, poor nutrition:**
 - Kills **10,000** Americans
 - Causes **1,500 new cancers**
 - Causes **16,000 new cases of diabetes**

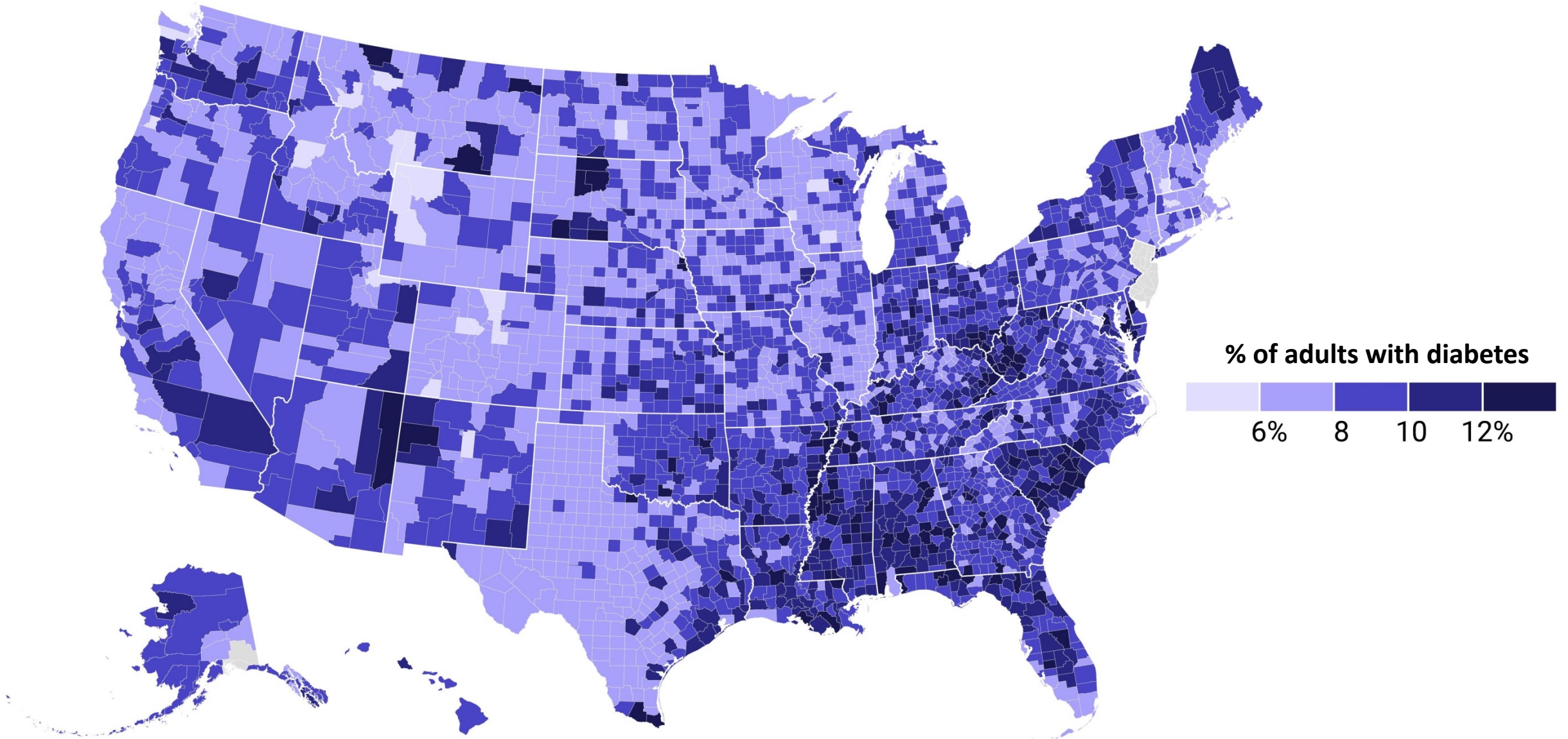
Each year, poor nutrition causes
\$1.1 trillion in economic losses
from excess healthcare spending
and lost productivity

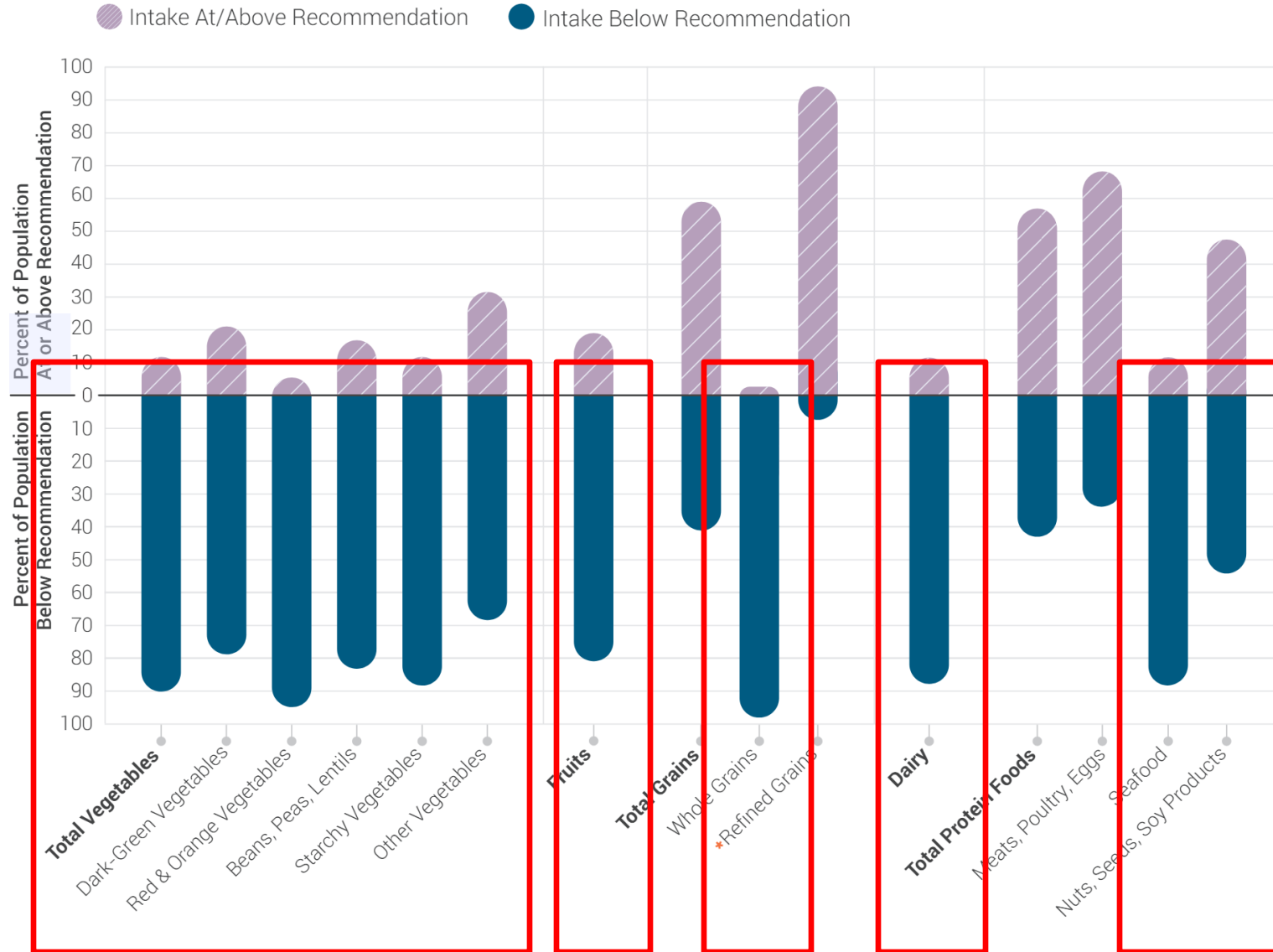
Food Insecurity in the U.S.



USDA (map by Jeremy Ney)

Diabetes in the U.S.

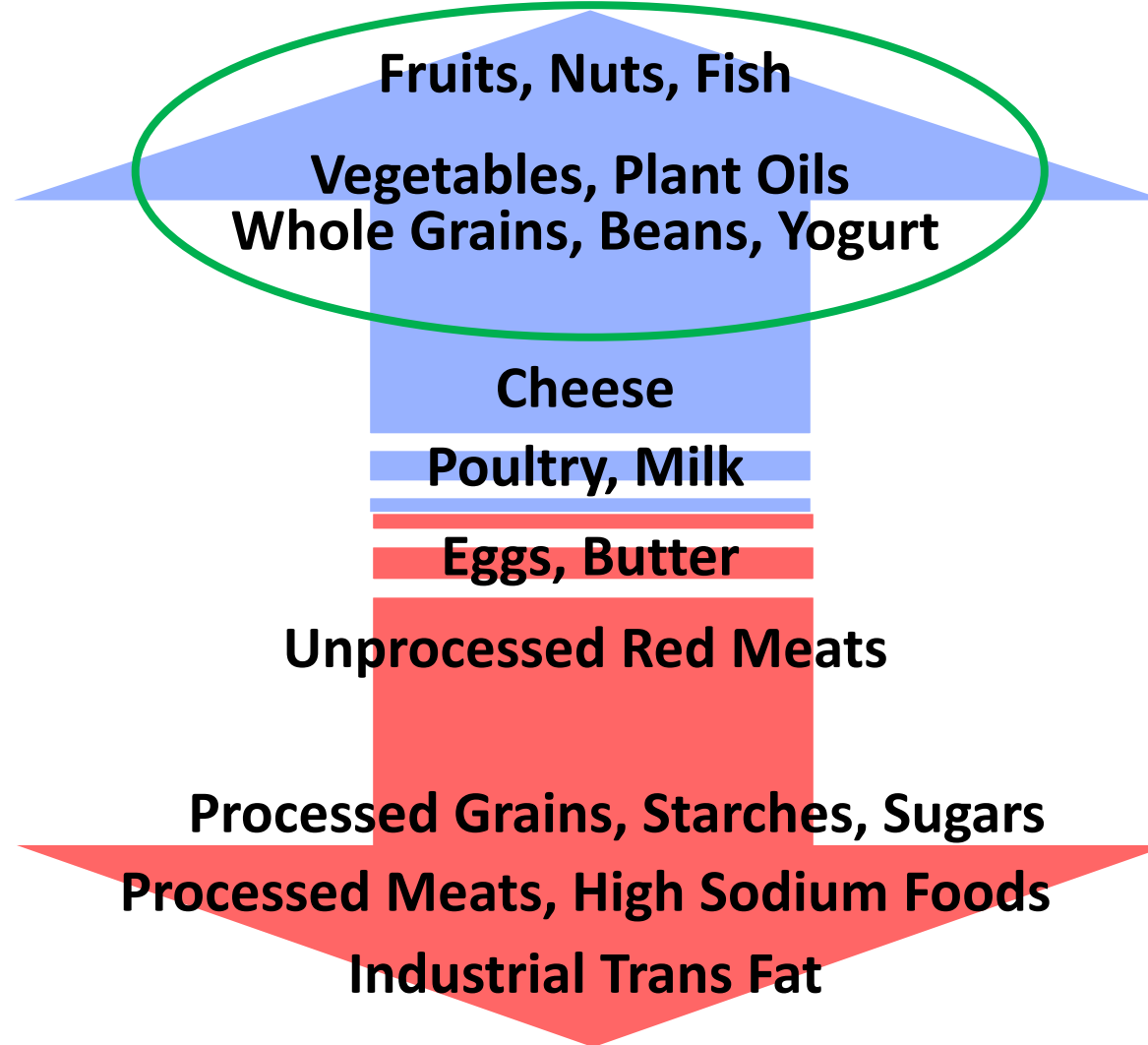




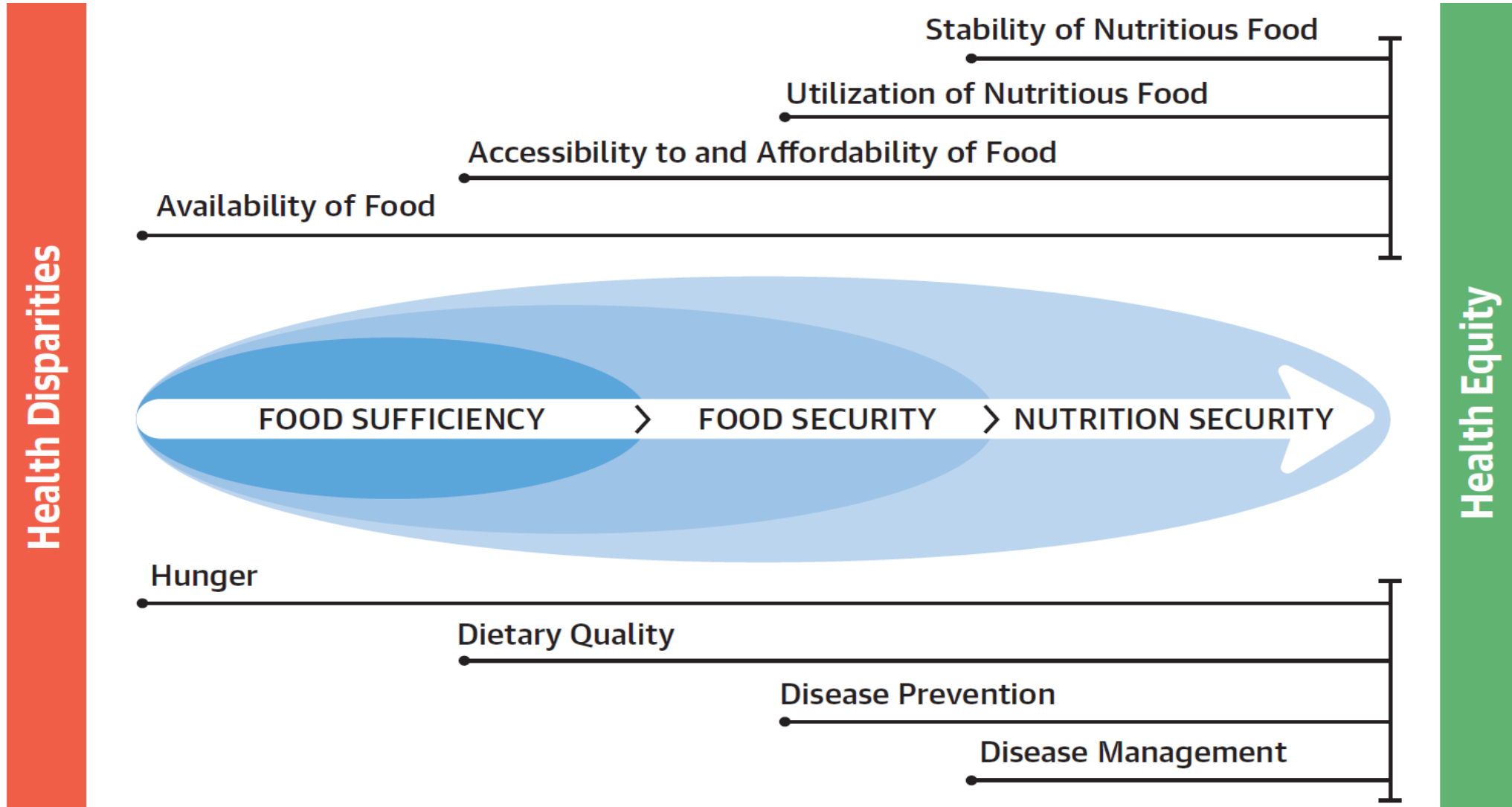
Dietary Guidelines for Americans, 2020-2025

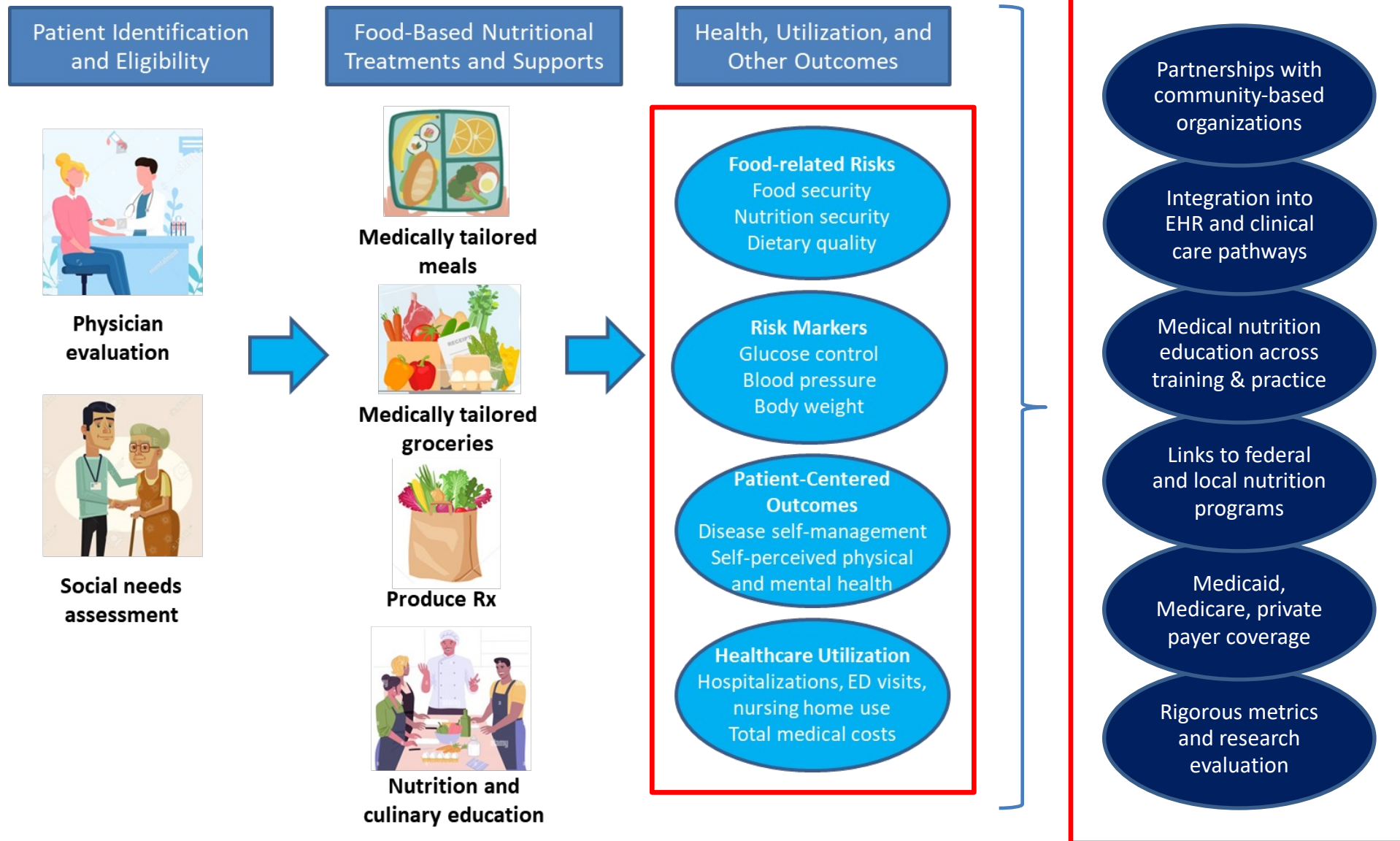
**Protective
Foods**

Benefit



Harm





Questions, Opportunities, Challenges

- **Optimal foods, dose (\$), duration**
- **Target populations**
- **Role of nutrition and culinary education**
- **Family sharing**
- **On site, retail, or delivery**
- **Integration with SDOH screening, SNAP, WIC**
- **Nonprofit vs. private sector**
- **Incorporation into EMR and clinical care pathways**
- **Clinician education**
- **Cost-savings vs. cost-effectiveness**
- **Interlinkages with other medical therapies (e.g., GLP-1)**
- **Coverage/reimbursement**



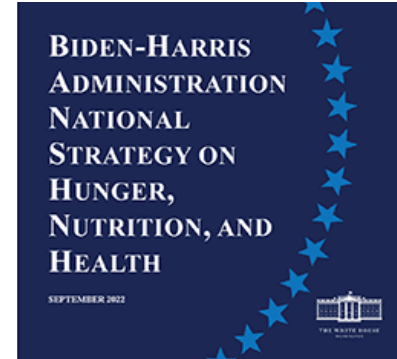
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Health Care Food™
Accelerating the Integration of Food Is Medicine in Health Care



Gus Schumacher Nutrition Incentive Program (GusNIP)



National Institutes of Health